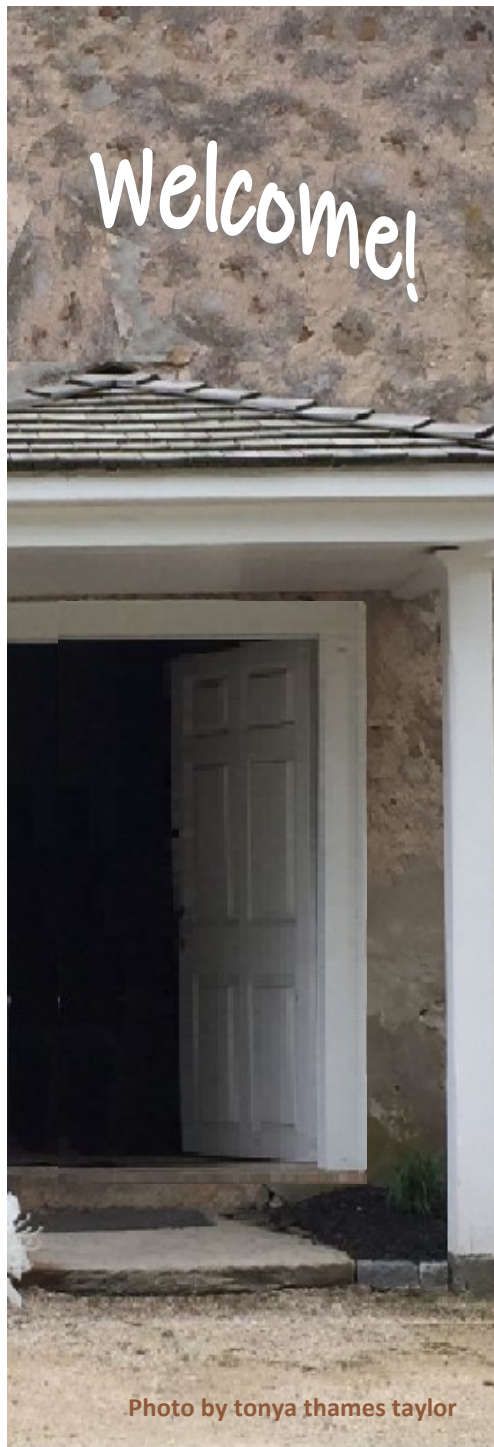


All Are Welcome!

Photo by tonya thames taylor



Upper Dublin Monthly Meeting
of the Society of Friends (Quakers)

1506 Fort Washington Ave.
Maple Glen, PA 19002

www.UpperDublinQuakers.org



Meditation is
the art of
being still.

It is said
that prayer is when
you talk to God—
and meditation is when
you listen to God.

It is a process
in which
you can release
everything that is
going on in your mind
in order to hear
what is going on
in your soul.

We should all take time,
each day,
to let go of fear,
anger, responsibility,
and ego,
in order to allow Spirit
to show us
the way.

— Iyanla Vanzant



Upper Dublin Monthly Meeting of the Society of Friends (Quakers)

invites you to join us for
our monthly

Unplug and Recharge

on the 2nd Wednesday evening of each month
Quaker Meeting for Worship from
6:30 ~ 7:15 PM

followed by a meal of warm soup,
fresh bread, and great conversation.

Also, please feel free to join us for our weekly
Meeting for Worship
Sundays from 10 AM to 11 AM
Hospitality with light refreshments follows.

All are Welcome!

Unplug and Recharge

Upcoming Dates
(at 6:30 pm)

07/08/2020

08/12/2020

09/09/2020

10/14/2020

11/11/2020

12/09/2020

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Please visit and "Like" us
on our Facebook Page:
"Upper Dublin
Friends Meetinghouse."